

Top 10 Super Seaweed Facts!

1. Seaweed is **CLASSIFIED** into 3 main types: Green, Brown and Red
2. Microscopic seaweed, known as **PHYTOPLANKTON**, is responsible for producing around 50% of the planet's oxygen!
3. Seaweeds are different to plants because they do not have roots which absorb minerals. Instead they have a **HOLDFAST** which allows them to attach to the rocks
4. **SEAGRASS** is the only true flowering plant which lives in the sea and is therefore not a type of seaweed!
5. The tallest seaweed on the planet is the **GIANT KELP**, which is found in California and can grow to a whopping 50m!
6. Seagrass has **ANTISEPTIC** properties which can disinfect toxins attached to plastic and other items in the water
7. **KELP FORESTS** are home to a variety of amazing animals, from tiny fish and invertebrates to seals and sharks!
8. Seaweed contains more **VITAMINS** and **MINERALS** than most of our fruit and veg!
9. Seaweed is even used in **DENTISTRY** and **HEART SURGERY!**
10. Seaweeds, phytoplankton and seagrass are all absolutely vital in the fight against **CLIMATE CHANGE** and so we must protect them!

To Learn more about how you can protect our amazing marine wildlife, please visit www.wildlifetrusts.org/livingseas

